

**The Motivation Hub**  
Making a difference.

# Who are we?

The Motivation Hub was established in January 2018. Offering a specialised service to adults aged 18+ with additional learning needs.



## Our Mission Statement

Our aim is to support clients to reach their full potential. Resulting in their life's being fulfilled and happy. Our dedicated staff team work alongside clients, supporting them to develop confidence and independence. We achieve this through offering a wide range of meaningful activities. Always respecting individuals choice and preferences.

### The Motivation Hub



We believe that for clients to reach their maximum potential, it is beneficial for them to be offered 1-1 programmes and small group sessions. We therefore have no more than 20 clients per day.





# Activities we offer



Money Skills



Healthy Eating



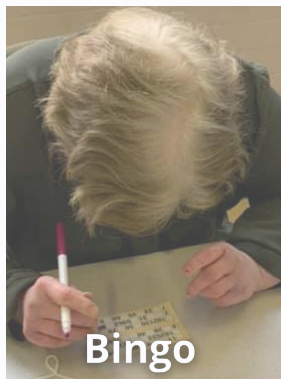
Exercise



Cookery



Arts & Craft



Bingo



IT Skills



Swimming



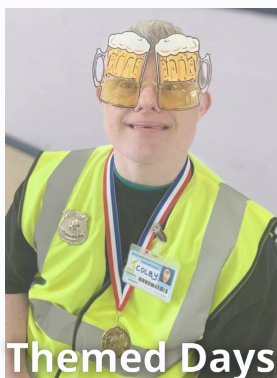
Nature Walks



Planting



Quizzes



Themed Days



Drama



Pool



Keep Fit



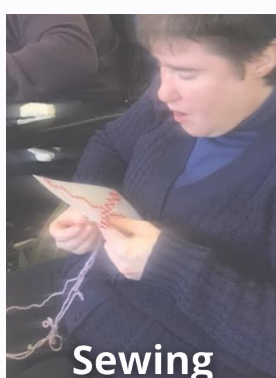
Road Safety



Relaxation



Basketball



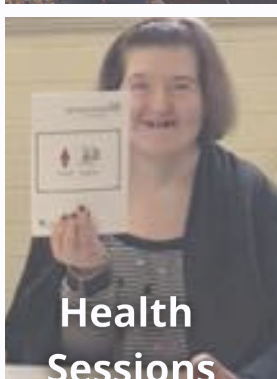
Sewing



Football



Cultural Days



Health Sessions



Appropriate Clothing



Community Cohesion







Music Therapy

# *Communication tools*

The Motivation hub ensures that all clients are heard. We therefore use communication tools on a daily basis.

Which include:

-  Makaton.
-  Symbols.
-  Object of reference.
-  Pictures and photographs.



## *Whats new in communication?*

We have two new iPads solely for communication. Proloquo2go is a communication App designed for non verbal clients. Promoting language development.





# Whats new at The Hub?



## *Soon to offer pick-ups and drop-offs*

**The Motivation Hub has recently been awarded Lottery funding.**

Some of this funding will be used to purchase a minibus so that in the near future, we can offer door to door pick up and drop offs. This will be at a minimal fee (not for profit); the fee will cover the day to day running of the vehicle and annual MOT and servicing. The safety of our clients is paramount, that is why the driver will have a D1 clear driving licence and MIDAS (Minibus Driver Awareness Scheme) training. The driver will also be supported at all times by an escort with First Aid and Wheelchair skills training.

## *One to one skills training | 6-8 weeks*

We are pleased to be launching a new 1:1 skills based training program. The program will offer our clients 6-8 weeks of sessions on a one to one basis covering the following:

**Preparing and cooking;** a light meal independently. Including keeping kitchen area clean and hazard free. Use of correct utensils.

**Housekeeping;** hoovering, polishing, moping. Bed making.

**Hosting;** at coffee mornings and events held at The Motivation Hub. Conducting ones self in a friendly and polite manner.

**Health & safety** at home and The Motivation Hub. Recognising hazards. Correct clothing and footwear for various tasks. Slip and falls prevention.

**Admin Skills;** paper shredding. Photo coping. Filing.



# More of whats new at The Hub?

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## Small group sessions | 12–20 weeks

**Line dancing;** improving coordination. Keeping active. Teamwork. Keeping mental and physical health well.

**Guitar lessons;** memory skills. Improving concentration. Listening skills. New hobby/ interest.

**IT skills;** learning to use an iPad. Exploring what's on locally. Recognising words, numbers (improving numeracy and basic reading and writing)



## Community Links

We are proud to have links with the following groups:

- Local schools, coming together to support the elderly community for harvest festival. Joining each other's fund raising events. Places of worship – visits and sing along.
- Brownhills Community Association – bowls, computer lessons
- WM police – visits to police station / talks at The Motivation Hub.
- Aldridge Fire service. Worked together with a sponsored car wash. Home visits checking Smoke alarms. Talks at The Motivation Hub.
- Walsall NHS – Clients took part in a disability conference. Demonstrating makaton. ( nhs are hopeful some of our clients could share their makaton skills at GP surgeries in the future.

**We aim to make further community links. Giving clients the opportunity to engage with the community that they live in.**





# Meet our team

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*Suzanne Sant*

MANAGER & FOUNDER

*Tracey Purcell*

TEAM LEADER

*Rachel Williams*

SUPPORT WORKER

*Vicky Arnold*

SUPPORT WORKER

*Brooke Devine*

SUPPORT WORKER

*Vacant Position*

MALE SUPPORT WORKER

*Vacant Position*

ESCORT

# Get in touch

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We offer two **free taster sessions** to potential clients. The purpose of this is to ensure the client is happy to join us. Also for us to ensure we can fully meet the individuals needs.

We offer a drop in session on a Wednesday morning. Any vulnerable adults is welcome to come along supported by their own PA and join in a morning of activities 10am – 12 noon £5.00 including drinks.



**Based in the East of Walsall  
(Walsall Wood)**



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**Check us out on Facebook!  
@themotivationhubltd**



**The Motivation Hub**

Making a difference.